



REGISTER NOW FOR THE NDTJAFC

TIGERS ACADEMY

08 NOV 18
13 DEC 18

6 WEEK FREE AFL TRAINING PROGRAM ACCREDITED COACHING & DEVELOPMENT

The Northern Districts Junior Tigers AFL Club is hosting a Tigers Academy in Term 4 2018. The aim of the Academy is assist players maintain and develop skills in between seasons and introduce AFL to new players from the local community. The Academy program is designed and run by the head Illawarra Sydney Swans Academy Coach, Leigh Forsyth, with accredited senior coaches. The Academy will also provide concurrent training and development sessions for junior coaches.

The Academy runs for 6 weeks from 08 Nov 18 until 13 Dec 18 on Thursday nights from 5pm to 6.15pm at Hollymount Park Woonona. It is open to all current and future Tigers players - male and female, U6 AUSKICK to U17s and skill level beginners to elite. The cost is FREE. Players need water bottles, mouthguard and runners.

RECRUITING NOW FOR 3 GIRLS TEAMS - U12, U14 & U17 FOR THE FEMALE COMPETITION IN 2019

To register email northerndistrictjuniortigers@gmail.com with full name, date of birth, email and mobile. For any enquiries or questions please contact Adam Turner 0410454687 or Kathy Turner 0435282616.



Bring a Buddy Get Ready To Roar



northerndistrictjuniortigers@gmail.com



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