



ATTENTION ALL GIRLS COME & TRY AFL

TIGERS

08 NOV 18

ACADEMY

13 DEC 18

6 WEEK FREE AFL TRAINING PROGRAM

GET READY FOR THE GIRLS COMPETITION

RECRUITING NOW FOR 3 TIGERS GIRLS TEAMS U12, U14 & U17 FOR THE 2019 SEASON

The Northern Districts Junior Tigers AFL Club is hosting a Tigers Academy in Term 4 2018. The aim of the Academy is assist players maintain and develop skills in between seasons and introduce AFL to new players from the local community. The Academy program is designed and run by the head Illawarra Sydney Swans Academy Coach, Leigh Forsyth, with accredited coaches.

The Tigers Academy will also provide concurrent training and development sessions for junior coaches. The Academy will run for 6 weeks from 08 Nov 18 until 13 Dec 18 on Thursday night from 5pm to 6.15pm at Hollymount Park Woonona. It is open to all current and future Tigers players - male and female, U6 AUSKICK to U17s and skill level beginners to elite. The cost is FREE.

To register email northerndistrictjuniortigers@gmail.com with full name, date of birth, email and mobile. For any enquiries or questions please contact Adam Turner 0410454687 or Kathy Turner 0435282616.



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